



# Asbury Community Christian Preschool and Clubhouse

## News

God's Child is Obedient  
"We Will Obey" Joshua 24:24

Natasha Flanagan-Director  
[n.flanagan@asburychristianpreschool.org](mailto:n.flanagan@asburychristianpreschool.org)



## October 2023

### September Review

Who can believe that the first whole school month is already behind us! What a busy month it has been. We settled into our classrooms and new routines, began our first CDW projects focused on Healthy Bodies, we had a visit from a local Dentist who provided a wonderful presentation on keeping our teeth, gums and mouths healthy. We hosted a great Back to School Evening event, and we are very grateful to all who joined us for that. If you were unable to attend, please see your child's classroom teacher's Back to School Google slide presentation that was sent out through email. This is a great resource to keep and reference for any questions you may have. In our first Children's Chapel, we focused on kindness and what it means to be kind. We retold the parable of The Good Samaritan and many of our friends were able to select a part to play in the retelling of the story. I hope you were able to meet with your child's teacher during our first parent teacher conference on September 25th. These initial conferences are reserved for parents of children who may require additional needs or those who wish to speak with their child's teacher about anything they feel is important to them or their families. Full conferences will be held in January. The hallways are becoming filled with projects and activities that your child has engaged in. Please take some time to see all of the wonderful work posted throughout the school.



#### FIELD TRIP

10/10-10/11

9am

Families will meet at Clark's Elioak Farm at 9am. Once we are all gathered, we will tour the farm in class groups. Once the tour ends you are free to roam the enchanted forest, take the hayride and pick a pumpkin from the pumpkin patch. Extended care will open at 3:00pm for those registered if required.

#### Fall Picture Day.

10/23-10/24



Lifetouch photographers will be taking photographs of all students on their regularly scheduled school day. All purchases are made online following the event. Please fill out the preference form that came home and send it back in your child's red folder by 10/20



#### Trunk or Treat

10/29/23

2pm-4pm

This family fun event will be held in the Asbury parking lots. We will have a hayride, bounce house, maze, hay hunt, face painting and lots of fun themed trunks to visit and collect treats. If you wish to host a trunk, please reach out to [office@asburychristianpreschool.org](mailto:office@asburychristianpreschool.org)

### Upcoming Dates:

**October: 10/11 Field Trip to Clark's Elioak Farm, 17, AACPS 2hr early dismissal for school age children, 23/24 Fall pictures, 26/27 Fire Drill, 10/29 Trunk or Treat, 10/30-10/31 Class Halloween Parties, 30/31 AACPS 2hr early dismissal for school age children 10/31 Asbury Preschool and Clubhouse closes at 3pm.**

**At Asbury, our goal is to communicate important information in several different formats. We want our families to be well informed of about all the events at Asbury.**

### **ProCare**

ProCare will be the teachers main form of communication with their class families. On Procare Connect, teachers will upload pictures, schedules, activities and send messages to the families in their class. Please look for the electronic invitation to sign up for the ProCare app. I resend invitations multiple times a day and will continue to do so until all families have successfully signed into the app.



### **Weekly class and monthly whole school newsletter.**

Each teacher will share a weekly newsletter with their families talking about events happening in their classrooms. A monthly newsletter will be produced by the Director and sent to all families with school and community wide information.



### **Website**

Our school website is [www.asburychristianpreschool.org](http://www.asburychristianpreschool.org) There you will find all kinds of information. There is a full year school calendar, hover over the calendar entry to uncover additional information for that event. Information about classes, electronic newsletters, and registration papers are also available. Staff Bios are in the process of being updated.



### **Classroom family boards and lobby bulletin boards**

Each class has a bulletin board outside of the classroom where class calendars, teacher bios, snack schedules and classroom happenings are posted. In our lobby upstairs, there is an Asbury Preschool and Clubhouse bulletin board. There is a calendar which will be updated weekly with special dates as well as a notice board.



## **We are Nut Free**



Please remember that we are a nut free facility. Children's lunches and snacks should not contain peanut or tree nut products. If your child has a food allergy or modified diet, please send in a special snack daily for them.



## **Extended Care**

Our preschool extended care program is open to children in our three's and Pre-K programs. Extended care is open Monday-Friday 7am-6pm and can be used on any day at any time provided you are registered in a preschool class. Extended care is billed at a rate of \$8.10 per hour.

Drop off for morning extended care prior to 8:55am is at the white door next to the downstairs playground on the left of the building. Afternoon extended care after 3pm will primarily be in our three's room. Please come to the main entrance to pick up for afternoon extended care. Children combine with Clubhouse downstairs beginning at 4:45pm so if you pick up after that time, proceed to the morning drop off location.

# Are you in the construction industry?

We are in the process of refilling the median strip between the lane in front of the Family Life Center and parking lot area. We are looking to purchase small stones to cover the area. If you know anyone

who can help, please have them reach out to [office@asburychristianpreschool.org](mailto:office@asburychristianpreschool.org)

## Health reminders

Please do not send children to school if they are not feeling well. If a child wakes with a fever and you give them fever reducing medication, they must stay home. Our illness policy states: children must be fever and sickness free for 24 hours with **NO** medication before they can return to school.

Illnesses that fall under this policy include but are not limited to:

- Temperature above normal
- Eyes with signs of infection
- Cough of severe nature
- Runny noses that are not clear discharge
- Vomiting or diarrhea
- Skin rash
- Sore throat
- COVID-19 symptoms



It is our goal to provide a safe and healthy environment for our students and staff.

Please report to the school office if your child is absent due to an infectious disease using [office@asburychristianpreschool.org](mailto:office@asburychristianpreschool.org).

We continue to follow the guidance and procedures from MSDE and the Local Health Department in terms of the COVID virus.

## Costume Swap

We will once again be hosting a Halloween costume swap throughout the month of October. If you have gently used costumes that your children no longer use, please consider donating them to our costume swap. If you see any costumes on our rail that your child may like to use for Halloween, you are welcome to take them.



## Clothing Drive

Asbury UMC are hosting a clothing drive throughout October also. If you have gently used clothing in any size, child through adult, please bring them in a bag and place them in the clothing drive box in the lobby. Clothing will be donated to Hope for All, Helping Hands and Arundel House of Hope.



**A coloring page for your little one**





# Early Years

WORKING TOGETHER FOR A GREAT START

Asbury Community Christian Preschool

## KID BITS



### Safety first

Help your child stay safe with these clothing tips. Make sure she wears shoes that fit properly and either tie or have Velcro. They're less likely to cause accidents than floppy shoes like sandals or clogs. Also, avoid baggy clothes and cords or strings on clothing that can get caught in playground equipment.

### Sizing things up

Take a walk around your neighborhood with your little one, and use objects you see to encourage him to compare sizes. Ask questions like "Is that mailbox taller or shorter than you?" or "Is the white rock bigger or smaller than the gray one?"

### Helping hands

Trace around your child's hands on paper, and ask her to name different ways she is helpful. Maybe she takes care of your dog by feeding him and helps you by dusting. Together, write each example on a separate finger. Then, hang up her "helping hands" to remind her how helpful she can be.

### Worth quoting

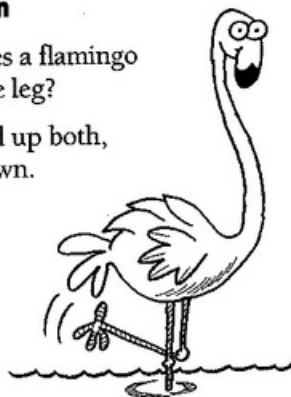
"Wonder. Go on and wonder."

William Faulkner

### Just for fun

**Q:** Why does a flamingo hold up one leg?

**A:** If he held up both, he'd fall down.



## Keys to self-control

It can be a tall order for little ones to handle big emotions like anger, frustration, and disappointment. Work on increasing your child's self-control with these strategies to help him think before he acts.

### Talk it out

Give your youngster words to use when he is upset. For example, if you can't find your glasses, you might say, "I feel so frustrated! Where did I last have them?" Then, when he's aggravated (say, he misplaced his favorite book), encourage him to use similar words. ("I feel upset because I want my book. I was looking at it in the living room—maybe it's there.") He'll learn to talk through his problems and be less likely to cry or whine.

### Think ahead

Prepare for situations where self-control comes in handy. You could say, "I'm going to be on a work call. Let's think about what you can do if your sister is playing with a toy you want." He



may ask to join her, or he could play with another toy until she's finished. Having a plan can help your child avoid grabbing the toy or yelling at his sister.

### Calm down

When your youngster begins to get upset, suggest ways to keep his cool. For instance, he might take a deep breath, count to five, or draw a picture of how he is feeling. The distraction may be enough to settle him down. And once he's used to these techniques, he'll be able to do them without a reminder from you. ♥

## Family playtime

Has the grown-up world left you too tired to play? Consider these ideas that will let you connect with your youngster—and unwind after a long day:

- Show her what you liked to play when you were her age. You could teach her a card game, a jump rope rhyme, or a magic trick, for instance. Next, ask her to teach you a game or an activity she enjoys.
- Step into a role. You might each pretend to be someone else (a cashier and a customer, a bird and a squirrel) while carrying on a conversation. Encourage your child to think about what her character would sound like and what she would say.
- At bedtime, shine a flashlight on the walls, ceiling, and floor. Have your youngster "chase" your beam with her own flashlight. Then, trade roles. ♥



## Let me think...

When your youngster is faced with a challenge, it's fun for her to come up with more than one solution or possibility. Stretch her thinking with these activities.

**Puppet problem-solving.** Offer a pretend dilemma for puppets, and help your child act out the solution. You could make your puppet say, "Oh, no! I have too many dishes to carry! How can I get them to the party?" (Put them in a bag, ask a friend to take some.)



**Answers and questions.** Tell your youngster, "The answer is a blanket. What is the question?" Take turns coming up with as many questions as possible. ("What keeps you warm at night?" "What do we sit on at a picnic?") When you run out of ideas, let her think of a new answer to make up questions for.

**What doesn't belong?** Look around the room, and name any four objects (T-shirt, book, hat, lipstick). Then, have your child decide which doesn't belong and explain why. For instance, she could say that the book is the only one you can't wear. *Variation:* Name three objects, and tell her to choose a fourth and explain how it's related to the three you picked.♥

## Stay in touch with teachers

Regular communication with your youngster's teacher sets the stage for success—and makes it easier to connect if you have a concern. Need something to talk about? Try these ideas:

- Ask for reading recommendations. The teacher is sure to know some great books you can read aloud to your child.



- Find out what the class will study next, perhaps winter weather or fairy tales.

- Tell the teacher about activities you and your youngster do at home together like planting bulbs in the garden, coloring, or telling knock-knock jokes.

- Share things your child likes about school. The teacher will be glad to know that your youngster especially enjoys read-alouds or music time.♥

## PARENT TO PARENT

### That's my name!

My daughter has learned to read and write her first word: "Sarah." When she started school, the teacher sent home a list of ideas to help her recognize her name—and the suggestions worked!

For example, I wrote her name in pencil and let her use a different-colored marker to trace each letter as she said it out loud: "S-a-r-a-h." We also made a name puzzle. She printed her name on cardboard and drew squiggly lines between the letters. I cut them apart, and she put the puzzle back together.

Her favorite activity is listening to stories about characters named Sarah. At the library, we checked out *Sarah's Story* by Bill Harley and *Sarah Morton's Day* by Kate Waters. She loves pointing to her name as I read.

Now Sarah is learning to read other names in our family. She made puzzles for her sisters, and she wants to find library books with their names, too.♥



## Q & A

### Getting enough sleep

**Q:** My son has a hard time falling asleep at night. How can I make it easier for him?

**A:** Getting enough sleep—10–13 hours a night—will help your child grow, stay healthy, and do well in school.

First, have him stick to a nightly bedtime routine.

Your son might take a bath, brush his teeth, and listen to a story, for instance. Repeating the routine each night helps him recognize

it's time for sleep. Also, research shows that watching TV or playing video games close to bedtime can get kids wound up and keep them from sleeping. If he uses electronics, have him turn them off at least an hour before bedtime.

Finally, encourage the rest of the family

to read or do other quiet activities after he says good night. Your youngster may have an easier time going to bed—and staying there—if he doesn't feel like he's missing out on the fun.♥



## OUR PURPOSE

To provide busy parents with practical ways to promote school readiness, parent involvement, and more effective parenting.

Resources for Educators,  
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